

RENEWAL - GETTING RID OF THE THOUGHTS THAT ARE GETTING YOU!

Part 6: Renewing and Restoring

Text: (Romans 12:1-2 NKJ)

I. RENEWING AND RESTORING OUR SOULS

- A. Insight from Solomon **(Proverbs 4:20-23 NKJ)**
 - 1. Value God's word
 - 2. Protect God's word in our lives
 - 3. Again we are promised wonderful results
- D. The key tool in the renewal process is God's word
 - 1. His word is truth **(John 8:31-32 NKJ)**
 - a. All of us have to deal with lies we have based thoughts and beliefs upon
 - b. The more truth you know the greater your freedom
 - c. The best place to start in examining TBA - is it based on truth?
 - 4. His word is light **(Psalm 119:130 NKJ)**
 - a. All of us have been in environments of different amounts of darkness
 - b. Light is the way of our new family **(Ephesians 5:8-9 NKJ)**
 - 3. His word is life **(John 6:63 NKJ)**
 - a. When God's life impacts our thoughts and beliefs transformation takes place
 - b. He shows us paths that have life in them, not death **(Psalm 16:11 NKJ)**
- C. Challenging the thoughts that hold us down and hold us back **(2 Cor. 10:3-5 NKJ)**
 - 1. All of us deal with strongholds in our TBA
 - 2. We have God's weapons to pull down these areas
 - 3. We take responsibility for the thoughts that we think
 - a. We need an armed guard at the door of our mind
 - b. Can't stop thoughts from coming but we can control which thoughts are allowed to stay