

# **RENEWAL - GETTING RID OF THE THOUGHTS THAT ARE GETTING YOU!**

## **Part 1: Important Process**

*(Romans 12:1-2 NKJ)*

### **A CONTINUAL (AND LIFE CHANGING) PROCESS**

- ❖ Romans was written to believers
  - ◆ The early chapters spell out some amazing things that have been done for us in Christ
  - ◆ And yet...
- ❖ It is possible to live unaffected by the amazing spiritual changes that have taken place
  - ◆ Possible to live conformed, molded, into this world's system and pattern
  - ◆ Paul addressed this condition in his letter to the Corinthian church *(1 Cor. 3:1-3 NKJ)*

### **THE PROCESS OF RENEWING THE MIND**

- ❖ Transformation - working from the inside out - where we get the word metamorphosis
  - ◆ From a caterpillar to a butterfly
  - ◆ Renewing - a renovation
  - ◆ Mind - not our brain
- ❖ God's word is the highest way of renewal
  - ◆ Renewal / renovation: the process of examining core beliefs and thoughts through the lens of God's word
    - His word is truth *(John 8:31-32 NKJ)*
    - His word is light *(Psalm 119:130 NKJ)*
    - His word is life *(John 6:63 NKJ)*
- ❖ Renewal / renovation - the process of replacing the old beliefs and thoughts with God's word *(Psalm 1:1-3 NKJ)*
  - ◆ Not conforming to the groups who were not acknowledging or honoring God
  - ◆ Meditate - ponder by talking to yourself
  - ◆ Transformation - he shall be... strong, fruitful, consistent, successful