#### REMEMBERING NOT TO FORGET

Part 2: Overcoming The Negatives

### (Hebrews 2:1 NASB)

## MODERN DAY MEMORIALS TO HELP US REMEMBER

- Writing things down (Exodus 17:14 NKJV)
  - ♦ God's instructions after a victory
  - ♦ Write, recount (go over it) remember
- ❖ S.O.A.P
  - ◆ Scripture, observation, application, prayer

# **SPIRITUAL UNDERTOW** (Hebrews 2:1 NASB)

- Underestimating the undertow is problematic
  - ♦ My story coming to Christ at 19
  - ♦ What is pulling against us (1 John 2:16-17 NKJV) (Ephesians 6:11-12 NKJV)
- Exercise yourself (1Timothy 4:7-8 NKJV)
  - ♦ Physical exercise is the comparison
  - ◆ Living for God

## PAY ATTENTION = FOCUS

- Living as an example (1 Timothy 4:12 NKJV)
  - ♦ Character overrides youth
- Give attention (1 Timothy 4:13-16 NKJV)
  - ✦ Reading, encouraging and teaching
  - ◆ Don't neglect the gifts most likely referring to a ministry gift
  - ◆ Meditate intentionally thinking about and applying God's word to your life
  - ♦ Stay alert be aware