

# **THE ADVANTAGE**

## **Part 3: Resisting and Reducing Fear**

### **LIVING FOR GOD MATTERS**

#### **❖ Two Key Benefits**

- ◆ Improving the quality of your life
- ◆ Improving you as a person

#### **❖ Reducing and resisting the fears in your life is a powerful advantage**

- ◆ Resist/reduce the fear of being hurt - impacts relationship as you become more willing to engage
- ◆ Resist/reduce the fear of failure - unleashes greater potential as you are willing to try
- ◆ Resist/reduce the fear of loss - releases you to become a giver, gracious and proactive

### **PROFILE OF A FEARFUL MAN** (*Judges 6:11-16 NKJV*)

#### **❖ Gideon had a wrong perception / belief regarding God**

- ◆ He mistakenly believed the nation's problems indicated God was absent or the source
- ◆ Seemed unwilling or ignorant of the fact that the nation had abandoned God

#### **❖ Gideon had a very limiting view of himself**

- ◆ Again missed the positive words of the angel
- ◆ His focus was on the reasons God could not use him
- ◆ The angel never once agreed with Gideon

#### **❖ Gideon began steps to resist/reduce the fear in his life** (*Judges 6:25-27 NKJV*)

- ◆ Even after the positive message of the angel, Gideon was still afraid
- ◆ But the most important thing is he acted

### **REDUCING / RESISTING THE FEAR IN YOUR LIFE**

#### **❖ Fear is reduced when you believe that God loves you and is for you**

- ◆ He is looking to help not hurt to deliver not destroy
- ◆ He is for you not against you, He is on your side not opposed to you
- ◆ You have something to say about God's place in your life (*Romans 8:31 NKJV*)  
We live in a "weigh in", commenting culture- so let's weigh in on this

#### **❖ Fear is reduced when you believe in the work God has done in you**

- ◆ You are much more than what you see in the mirror
- ◆ Believe that the spiritual realities in your life supersedes your past and limitations
  - If an angel appeared to you what would he say? (*Romans 8:37 NKJV*)
- ◆ Turn the focus away from the limiting factors of your life

#### **❖ Fear is resisted when you take steps of faith**

- ◆ Don't wait until you feel fearless - act anyway