

Speak Life

Introduction:

Thank Worship team - Do a great job each week. Justin's 11th anniversary.

Super Bowl Sunday - Patriots - Rams - Commercials - Don't care - Watch Hallmark tonight.

Today Speak life or Be positive or Be Quiet or what our mothers taught us "If you don't have anything good to say - Don't say anything at all

I grew up a Minnesota Vikings fan - Uncle Joe Kapp took them to super bowl 4 which they lost to Kansas City Chiefs. I was in middle school and became the most popular kid in my school. Later had to tell everyone he really wasn't my uncle.

We all have said things we have regretted or wished we could take back. I still do. Maybe it is on the job or in our marriage to our kids.

Teach a principle that can help you be more successful on the job, better marriage, relationships, better health, spiritual journey.

Apply this principle and you can have a more productive, joyful, peaceful year.

Importance of Speaking positive words over our lives. We live in a negative society. Many of you grew up in negative homes. Complaining about everything.

This year you will face challenges, obstacles, bad report

We have a choice in what we think - believe - say about those challenges.

Proverbs 18:21 (NIV) The tongue has the power of life and death and those who love it will eat its fruit.

III. Moved to Texas - Joyce speaking curse over me when out for a walk

Don't speak against what you are praying / believing God for. Be careful what you allow to come out of your mouth.

You are where you are today in part because of what you've been saying about yourself. Words are like seeds.

Proverbs 13:2. (NIV) "We will eat the fruit of our words."

When you talk, you are planting seeds. At some point, you're going to eat that fruit.

The challenge is: make sure you are planting the right kind of seeds.

Words are like seeds. When you speak something out, you give life to what you're saying.

If you continue to say it , eventually that can become a reality.

You can't talk negative and expect to live a positive life.

You can't talk defeat and expect to have victory.

You can't talk lack, not enough, can't afford it and expect abundance

If you don't like what you're saying you need to start sowing different seeds.

- I will lend and not borrow
- Whatever I touch prospers and succeeds
- God is restoring health back to me
- My marriage will be strong

Pay attention to what you're saying. Are you blessing your life? Or are you cursing your life?

Many people don't realize they are cursing their future with their words. Every time you say.

- I never get any breaks
- I'll never be able to afford that nice house
- I'll never have a good marriage

Stop cursing your future. Sometimes the enemy doesn't have to defeat us we defeat ourselves.

Pay attention to what you are saying about your life.

1. Think Positive

When negative thoughts come, the key is to never verbalize them.

Negative thoughts come to us all. But when you speak them out loud, you give life to them. That's when you become reality. That thought will die if you don't speak it.

Marriage - thought something about your spouse - spoke without thinking? Wish you could take back those words?

Phil 4:8 (NIV) Finally Brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable if anything is excellent or praiseworthy think about such things.

When you continually talk about the problem, that makes you more discouraged, and it gives that problem more life. It grows.

2. Believe Positive

Guard your heart

It starts with negative thoughts then it moves to our heart. We soon start believing what we have been feeding our minds.

Matthew 12:34 (NKJ) Out of the abundance of the heart the mouth speak

What we think about something /someone/our circumstance it soon becomes what we believe about that situation/person and then it becomes an action.

Abundance - growing inside us. Feeding it negative or positive thoughts/seeds that grow in our hearts.

We act upon those thoughts and believes.

3. Speak Positive

Don't talk about the problem, talk about the promise

There is always two voices competing for your attention - the voice of faith or the voice of defeat.

You have to get in agreement with God.

The negative voice may seem louder but you can override it and You can take away all its power by choosing the voice of faith.

- I have the favor of God
- I am blessed
- I am confident
- I have what it takes
- Our marriage will be restored/healthy
- I am strong
- I am healthy
- I am a victor not a victim

Negative words can stop God's Promises

Sometimes the reason a promise is being delayed is because of what we're saying. Imagine that your answer is on the way.

God has already dispatched the angel with your promotion, healing, your answer but before it arrives, God tells the Angel to stop.

Listen to what he's saying. He's talking about how it's not going to happen.

Negative words stop God's promises. I wonder how many times we're just a couple of months away from seeing the answer.

The good news is that promise is still in your future.

When we zip up the negative and switch over to faith - God will release what negative words have delayed. God still has your healing, your promotion, your restoration.

Joshua was leading the people of Israel toward the Promised Land - they came to the city of Jericho.

It towered between them and their destiny.

They couldn't go around it - they couldn't go through it.

The problem was Jericho was surrounded by huge, thick, tall walls made of stone and mortar.

God told them to do something that sounded strange - for six days they were to march around those walls once a day, and on the seventh day they were to march around them seven times.

Joshua 6: 8-10 (NIV)

When Joshua had spoken to the people, the seven priests carrying the seven trumpets before the Lord's covenant followed them. The armed guard marched ahead of the priests who blew the trumpets, and the rear guard followed by the ark. All this time the trumpets were sounding. But Joshua had commanded the people, Do not give a war cry, do not raise your voices, do not say a word until the day I tell you to shout. Then shout!

Why? God knew that after a couple of times around the perimeter of the walls, if not before they even started marching, they would start complaining. What in the world are we doing here? These walls are never going to fall. Look how thick they are. Our leader has lost it. Joshua must have heard God wrong. I'm getting tired. I'm hot, I'm hungry, the dust is getting in my face..

The enemy's soldiers were trash talking: shouting down to them is this all you got. Is this your idea of a battle. Where is your God now.

God knew they would talk themselves out of it.

There are times in our lives when it's difficult to be positive. Just stay silent.

Don't tell anyone what you're thinking.

Conclusion:

Here's the question today: Could it be that negative words are keeping you out of your Promised Land? Could it be that if you remain silent, that if you would just zip it up and not talk about how big the problem is, to complain about what didn't work out, not tell a friend how you're never going to be successful, maybe the walls that are holding you back would come down?

Imagine behind those walls are your healing, your promotion, your dream coming to pass.

Every day, so to speak, you're walking around the walls. What are you saying?

God is saying to us - If you can't say anything positive and full of faith, don't say anything at all.

Don't let your negative words keep you from God's best. If you'll stop talking defeat, lack, how it's not going to happen and simply remain silent, God can do for you what He did for them.

He knows how to bring down walls.

When we're marching around the walls, sometime we go day after day and don't see anything happening. Just like the Israelites, the thoughts come swirling around our heads.

- You didn't hear God right.
- Nothing is changing.

That's a time of testing.

You may be on day five, six. Pass the test. Don't start complaining. Refuse to prophesy defeat over your life.

If you do this you will come into your seventh day. Those walls will come tumbling down. God is faithful God.

He will do what He promised you.

III. Kayla - Child Asthma Or Move back from CA.